

Most Fairfield County inmates reported multiple levels of social support

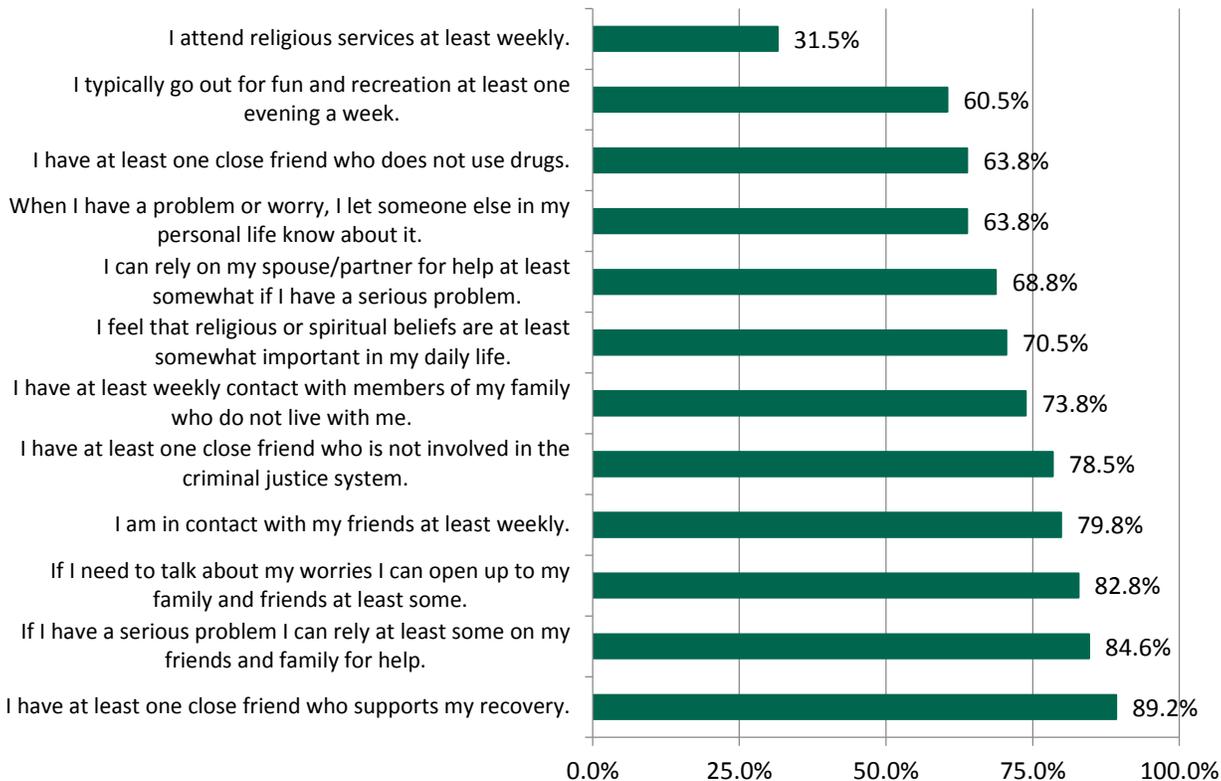
Nearly 9 in 10 inmates reported having at least one close friend supporting their recovery, and 85% believe they can rely on family and friends for help if they have a serious problem.

More than three-quarters (78.0%) reported having at least one close friend who was not involved in the criminal justice system, and 64% reported having at least one close friend who did not use drugs. Nearly one-third (31%) reported attending religious services at least weekly, and 71% said that their religious or spiritual beliefs were at least somewhat important to their daily life.

Percentages of jail inmates reporting their sources of social support

Results from the
Jail Assessment
in Fairfield County

More than one-third (36.2%) of jail inmates reported they had no close friends who did not use drugs.



Note: Combined answers of "A Lot" and "Some" are reported above, but not answers, "A little" or "Not at all."

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Most inmates can rely on their family and friends

Most inmates (69.2%) reported that they had a lot of social support from their family and friends, but 1 in 10 inmates report that they cannot rely on these sources of support at all.

Percentage of jail inmates reporting their perception of social support

How much can you rely on your family and friends for help if you had a serious problem?	Percentage
A lot	69.2%
Some	15.4%
Little	5.4%
Not at all	10.0%

How were these data gathered?

This data comes from face-to-face interviews with the Fairfield County jail inmates conducted in 2014–2015.

Why are social supports important?

Social supports can either be protective or risk factors. Social supports increase risk when they make substance use or criminal behavior “the norm,” but are protective when they orient toward more socially acceptable relationships and behavior. The more protective factors a person has, the less likely the person is to have negative outcomes because these protective factors insulate the person from risk factors. Increasing the number of socially positive interactions a person has can greatly improve a person’s ability to resist antisocial thoughts and behaviors.

How can we address this community issues?

Communities must provide pro-social activities and peer recovery supports for individuals with substance use disorders. Investing in evidence-based prevention efforts in schools, communities and within the family environment is also a cost-effective approach to mitigating risk factors that may exist. Providing education, outreach, and treatment services to friends and families of individuals with substance use disorders can also strengthen natural support systems that exist in the community.

For more information, contact

Fairfield County ADAMH
108 West Main Street
Lancaster, Ohio 43130
740-654-0829 (p)
740-654-7621 (f)

**Mental health crisis hotline:
740-687-8255 (24 hr.)**

For more information about alcohol, drug, and mental health community indicators, please visit our interactive website where you can create your own data queries about Fairfield County:

BHIndicators.FairfieldADAMH.org

Notes on the data and sources

Cover graphic: Data from the surveys of criminal justice and treatment populations.

Source: Data for this fact sheet were drawn from assessments at the jail with Fairfield County jail inmates (n=146) conducted in 2014–2015. These jail inmates scored ≥ 4 on the Simple Screening Instrument, indicating moderate to high risk for alcohol or drug abuse. The collection of data was conducted as part of a Bureau of Justice Assistance grant. The privacy restrictions approved

by the National Center for State Courts’ Institutional Review Board were followed. Limited demographics were collected to ensure anonymity. The jail sample was primarily male (69%) and white (97%).

For more information, visit the Fairfield County ADAMH Board interactive website at BHIndicators.FairfieldADAMH.org.